

## Symptoms of H1N1 (Swine) Flu

- The symptoms of H1N1 (Swine) flu are similar to seasonal flu, but may include additional symptoms such as **vomiting and diarrhea**.
- **Symptoms of Season and H1N1 (Swine) Flu:**
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Seasonal Flu	H1N1 (Swine) Flu
<p>All types of flu can cause:</p> <ul style="list-style-type: none"> <li>○ Fever</li> <li>○ Coughing and/or sore throat</li> <li>○ Runny or stuffy nose</li> <li>○ Headaches and/or body aches</li> <li>○ Chills</li> <li>○ Fatigue</li> </ul>	<p>Similar to seasonal flu, but symptoms may be more severe.</p> <p>There may be additional symptoms. A significant number of H1N1 (Swine) flu cases:</p> <ul style="list-style-type: none"> <li>○ Vomiting</li> <li>○ Diarrhea</li> </ul>

- **Emergency Warning Signs** - If you become ill and experience any of the following warning signs, seek emergency medical care.

Emergency warning signs in children:	Emergency warning signs in adults:
<ul style="list-style-type: none"> <li>○ Fast breathing or trouble breathing</li> <li>○ Bluish or gray skin color</li> <li>○ Not drinking enough fluids</li> <li>○ Severe or persistent vomiting</li> <li>○ Not waking up or not interacting</li> </ul>	<ul style="list-style-type: none"> <li>○ Difficulty breathing or shortness of breath</li> <li>○ Pain or pressure in the chest or abdomen</li> <li>○ Sudden dizziness</li> <li>○ Confusion</li> <li>○ Severe or persistent vomiting</li> <li>○ Flu-like symptoms</li> </ul>

<ul style="list-style-type: none"><li>○ Being so irritable that the child does not want to be held</li><li>○ Flu-like symptoms improve but then return with fever and worse cough</li></ul>	improve but then return with fever and worse cough
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